



**TEAM
DAD**



Join Us for a Life-Changing Approach to **Fatherhood**



TEACH

EMPOWER

ADVOCATE

MENTOR

TEAM Dad is a free program that helps build the self-awareness, compassion, and sense of responsibility that every good parent needs. The program is for dads who are about to have a baby or dads who have kids up to five years old. Our goal is to help dads learn the skills they need to help their kids be happy and healthy.

EveryBabyDeservesAHealthyStart.org
877-678-WELL



TEAM DAD HELPS YOU LEARN:

- How to be the best dad you can be
- How to work with your child's other parent
- How to help your child grow and develop
- How to build healthy relationships with family and friends
- How to grow as a person
- How to listen and talk in a way that others understand

WHAT TO EXPECT

A TEAM Dad Fatherhood Educator meets with you for 12 sessions. The lessons are based on research that shows what works best for dads. Sessions are at a time and place that works well for you.

WHY BE THE BEST FATHER YOU CAN BE?

Involved dads can have a big impact!

Kids with involved dads are:

- **130%** more likely to be a leader
- **55%** more likely to go to college
- **43%** more likely to earn A's in school
- **75%** less likely to have a teenage birth
- **80%** less likely to spend time in jail
- **46%** less likely to use drugs
- **50%** less likely to experience depression