

# Hernando County Resource Guide

## MENTAL HEALTH AND SUBSTANCE ABUSE COUNSELING

### **Achieve Wellness Group, LLC**

352-515-6914

[www.achievethegroup.net](http://www.achievethegroup.net)

### **Alcoholics Anonymous**

352-683-4597

<http://aahernando.org/>

### **Arnette House**

Emergency Youth Shelter: 352-622-6135 | Family Counseling: 352-622-4432

Text 4 HELP: Youth text SAFE with location (address/city/state) to 44357 | <https://arnettehouse.org/>

### **BayCare Behavioral Health**

352-540-9335 | 800-229-2273 | 863-294-7062

<https://baycare.org/locations/b/baycare-behavioral-health--brooksville>

### **Healthy Families**

727-861-3436

Email: [dselfridge@pascokidsfirst.org](mailto:dselfridge@pascokidsfirst.org) | [http://healthyfamiliesfla.org/find\\_project.asp](http://healthyfamiliesfla.org/find_project.asp)

### **Dawn Center: Domestic & Sexual Violence Services**

24-Hour Hotline: 352-686-8430 | Office: 352-592-7191 | Emergency Shelter: 352-686-8430

Outreach Support: 352-592-1288 | Legal Advocacy: 352-540-6222 | Prevention Education: 352-639-0892

<https://www.dawncenter.org/>

### **Gulfcoast North AHEC- Smoking Cessation**

813-929-1000

[www.gnahec.org](http://www.gnahec.org)

### **Hernando County Drug Court**

352-540-6279

<https://www.circuit5.org/programs-services/drug-court-programs/hernando-county-adult-drug-court/>

### **Hernando County Youth Court**

352-540-6263

<https://www.circuit5.org/wp-content/uploads/2018/12/yc-brochure.pdf>

## MENTAL HEALTH AND SUBSTANCE ABUSE COUNSELING CONTINUED

### **Jericho Road Ministries, Inc.**

352-799-2912 option 2 for men, option 3 for women

<https://www.jericho-road.net/recovery-program>

### **Lutheran Services Florida**

813-875-1408

<https://www.lsfnet.org/>

### **NAMI Hernando**

352-684-0004

<https://namihernando.org/about-nami-hernando>

### **Narcotics Anonymous**

352-754-7200

Website: [rivercoastareana.org](http://rivercoastareana.org) | Meeting finder: <https://naflorida.org/meetings/>

### **New Vision—Bayfront Health Brooksville**

352-797-4649

<https://www.specialcarecorp.com/locations/brooksville-florida/>

### **Operation PAR Inc., Medication Assisted Patient Services**

24/7 1-888-727-6398 or 727-545-7564

[www.operationpar.org](http://www.operationpar.org)

### **Springbrook Psychiatric Hospital**

352-600-3288 | 352-306-3535

<https://www.springbrookhospital.org/>

### **Sunshine Behavioral Health**

855-972-3110

<https://www.sunshinebehavioralhealth.com/dir/>

## INFANT & EARLY CHILDHOOD DEVELOPMENT ASSESSMENT

### Childhood Development Services

352-629-0055 | 800-635-KIDS

<http://discovercds.org/>

### Early Steps - Johns Hopkins All Children's Hospital

727-898-7451

Email: [achearlysteps@jhmi.edu](mailto:achearlysteps@jhmi.edu) | <https://www.hopkinsallchildrens.org/Services/West-Central-Early-Steps>

### FDLRS Gulfcoast

727-793-2723

<http://www.fdlrsgulfcoast.org/>

### CONNECT Program

Call: 877-678-9355 | Text: "Connect" 352-415-0091

<https://www.connectncf.org/>

### Central Healthy Start

877-678-9355

<https://www.chsandhsncfcoalitions.org/>

### Safe Kids

Nationwide: 202.662.0600

<https://www.safekids.org/> | Florida Network: <https://www.safekids.org/coalition/safe-kids-florida>

## HEALTHCARE PROVIDERS

### Florida Department of Health in Hernando County

352-540-6800

<http://hernando.floridahealth.gov/>

### Ryan White: HIV Care Programs

352-415-0459 ext. 8043 | 866-901-9646

<https://hivcareprograms.org/programs/>

## HEALTHCARE PROVIDERS CONTINUED

### **Advanced Women's Health Center in Spring Hill**

352-666-0544

[www.advancedwomensfl.com](http://www.advancedwomensfl.com)

### **Advanced Women's Health Center in Brooksville**

352-592-0225

[www.advancedwomensfl.com](http://www.advancedwomensfl.com)

### **Suncoast OBGYN All Women's Midwifery in Spring Hill**

352-263-2600

[www.suncoastobgyn.com](http://www.suncoastobgyn.com)

### **Suncoast OBGYN All Women's Midwifery in Brooksville**

352-596-8911

[www.suncoastobgyn.com](http://www.suncoastobgyn.com)

### **Bayfront Health Medical Group OBGYN**

352-686-8884

[www.bayfrontmedicalgroup.com](http://www.bayfrontmedicalgroup.com)

### **Bayfront Health Spring Hill**

352-688-8200

[www.bayfrontspringhill.com](http://www.bayfrontspringhill.com)

### **Oak Hill Hospital**

352-596-6632

[www.oakhillhospital.com](http://www.oakhillhospital.com)

## PARENTING

### **Central Healthy Start**

877-678-9355

<https://www.chsandhsncfcoalitions.org/>

## PARENTING CONTINUED

### **Connect**

Call: 877-678-9355 | Text: "CONNECT" to 352-415-0091

<https://www.connectncf.org/>

### **Healthy Families**

727-861-3436

Email: [dselfridge@pascokidsfirst.org](mailto:dselfridge@pascokidsfirst.org) | [http://healthyfamiliesfla.org/find\\_project.asp](http://healthyfamiliesfla.org/find_project.asp)

### **2-1-1 Big Bend, Family Health Line**

800-451-BABY (2229)

[www.211bigbend.org/familyhealthline](http://www.211bigbend.org/familyhealthline)

### **Kids Central, Inc.**

352-873-6332

Email: [info@kidscentralinc.org](mailto:info@kidscentralinc.org) | <https://www.kidscentralinc.org/>

### **Medicaid TO 26 FOR FORMER FOSTER YOUTH**

211 | 850-300-2343

<https://jlc.org/medicaid-26-florida>

### **One Church, One Child of Florida**

850-414-5620

<http://www.ococfl.org/index.html>

### **Youth and Family Alternatives, Inc.**

727- 835- 4166

[www.yfainc.org/](http://www.yfainc.org/)

### **Safe Kids**

Nationwide: 202.662.0600

<https://www.safekids.org/> | <https://www.safekids.org/coalition/safe-kids-florida>

## CHILDCARE

### Early Learning Coalition

386-736-1325

<https://www.phelc.org/>

### Hernando Head Start/Early Head Start

888-227-0010

<https://www.midfloridaheadstart.com/>

### Hernando EHS - ECS

352-419-7029 or 904-726-1500

<https://www.ecs4kids.org/programs/head-start/>

## WOMEN'S SERVICES

### Florida Department of Health in Hernando County—Family Planning

352-540-6800

<http://hernando.floridahealth.gov/>

### Foundations of Life Pregnancy Center Spring Hill – Hernando County

352-686-9897 ext. 22

Email: [folhernando@ccdosp.org](mailto:folhernando@ccdosp.org) | <https://foundationsoflife.org/contact-us/spring-hill-pregnancy-center/>

### CONNECT Program

Call: 877-678-9355 | Text: "Connect" 352-415-0091

<https://www.connectncf.org/>

### Central Healthy Start

877-678-9355

<https://www.chsandhsncfcoalitions.org/>

## EMPLOYMENT

### CareerSource Brooksville

352-200-3020

<http://www.careersourcepascohernando.com/>

### FL Department of Economic Opportunity - Reemployment Assistance

800-204-2418

<https://floridajobs.org/job-seekers>

### Employ Florida

800-438-4128

<http://www.employflorida.com/>

## TRANSPORTATION

### Hernando Express (The Bus)

352-754-4444 TTY Service dial 711

<https://www.hernandocounty.us/departments/departments-n-z/transit-thebus>

### Mid Florida Community Services - Transportation

352-796-1425 | Reservations: 352-799-1510

<https://www.mfcs.us.com/Transportation-10-50.html>

### Medicaid Transport (LogistiCare is now ModivCare)

<https://www.modivcare.com/contact-us-business>

Florida Member Resources: <https://www.mymodivcare.com/members/fl>

### Children's Medical Services (CMS Health Plan)

CMS Ped-I-Care: 866-799-5321

<https://sunshinemedicalme.com/children-medical-services/>

### NEMT: Florida Non-Emergency Medical Transportation (Must be eligible for Medicaid)

772-266-4971

Email: [BPhiscator@mtm-inc.net](mailto:BPhiscator@mtm-inc.net) | <https://www.mtm-inc.net/floridaffs/>



## HOUSING

### **Arnette House**

Emergency Youth Shelter: 352-622-6135 | Text 4 HELP: Youth text SAFE with location (address/city/state) to 44357

<https://arnettehouse.org/>

### **Hernando County Housing Authority**

352-754-4160

<https://www.hernandocounty.us/departments/departments-f-m/housing-authority>

### **Habitat for Humanity of Hernando County**

352-754-1159

<https://habitathernando.org/>

### **HOPWA: HOUSING OPPORTUNITIES FOR PERSONS WITH AIDS**

866-901-9646

<https://hivcareprograms.org/programs/>

### **Jericho Road Ministries, Inc.**

352-799-2912 option 2 for men, option 3 for women

<https://www.jericho-road.net/emergency-shelter>

## FOOD & CLOTHING

### **Catholic Charities**

352-686-9897

<https://www.catholiccharitiesusa.org/>

### **DayStar Life Center**

352-799-5930

<http://daystarlifecenter.org/hernando-county-food-pantries/>

### **Lutheran Services Florida**

813-875-1408

<https://www.lsfnet.org/>

## FOOD & CLOTHING CONTINUED

### **The Barn at Jericho**

352-799-2912 option 4

<https://www.jericho-road.net/food-barn>

### **Salvation Army**

352-796-1186

<https://salvationarmyflorida.org/hernando/>

### **People Helping People**

352-686-4466

Email: [admin@phphernando.org](mailto:admin@phphernando.org) | <https://www.phphernando.org/>

### **SNAP Benefits**

Customer Service: 866-762-2237 | Toll Free: 800-955-8771 Florida Relay: 711

<https://myaccessflorida.us/>

### **WIC Nutrition Program**

352-540-6800 x82050

<http://hernando.floridahealth.gov/programs-and-services/clinical-and-nutrition-services/wic/index.html>

### **United Way of Hernando County**

352-688-2026 | 2-1-1

<https://www.unitedwayhernando.org/>

## UTILITIES

### **Mid Florida Community Services, Inc. - Low Income Home Energy Assistance Program (LIHEAP)**

352-796-1425

<https://www.mfcs.us.com/>

### **United Way of Hernando County**

352-688-2026 | 2-1-1

<https://www.unitedwayhernando.org/>