

This program is available to Alachua County women who give birth at a hospital, birth center or home within the county. After your baby is born, a registered nurse (RN) or licensed midwife will visit you at home to see how you are doing, share information and connect you to local resources.

I'm in!

What do I do?



The NewboRN Home Visiting program is a coordinated effort to improve the health, safety and future of all babies born in Alachua County. The program is overseen by Healthy Start of North Central Florida and is a collaboration between hospitals, home health agencies, childbirth providers and social service agencies throughout the county. Funded by the Children's Trust of Alachua County.



Web: www.NewboRNHomeVisiting.org Phone: 352-727-3036















Many changes take place the first few days after the birth of your baby. That is why it is so helpful to have a NewboRN Home Visiting nurse or midwife come to your home to make sure you and your baby are doing well. This voluntary, free program is available to all Alachua County women who give birth at a hospital, birth center or home within the county.

### What will the nurse or midwife do?

- A physical and health assessment on baby and mom
- Help with breastfeeding and nutrition
- Show how to care for baby (mouth, skin, diaper area, umbilical cord, circumcision care)
- Share infant safety tips
- Talk about family planning
- Discuss immunizations, child development, parenting and more!

How it works:

## 1. At the hospital or birth center

- Our Family Partner will
   visit you to get you registered and answer
   any questions you may have. You will receive
   a welcome gift from us to you!
- Having your baby at home? Licensed midwives can provide the NewboRN home visit!

# 2. After you leave the hospital or birth center

• The nurse (RN) will contact you by phone to schedule the home visit.

### 3. At the home visit

 The nurse (RN) or midwife will complete a physical and health assessment for you and your newborn, answer any questions you have, and provide information on taking care of yourself and your baby.

### 4. After the home visit

 The Family Partner can assist you with obtaining baby supplies, community support services and postpartum counseling.

The Family Partner will also link you to our local Connect program for ongoing support with:



Newborn Care
Breastfeeding
Parenting Support
Child Development
Basic Needs and Nutrition
And So Much More!