

KNOWS WHAT
TO EXPECT
DURING
PREGNANCY

HAS RESOURCES
FOR 2-YEAR-OLD
DAUGHTER AND
BABY-TO-BE

QUIT
SMOKING
DURING
PREGNANCY

BEGAN
PRENATAL
CARE IN FIRST
TRIMESTER

PRACTICES
BETTER
PARENTING

BREASTFEEDS
BABY



COALITION SERVED

7,645 pregnant women were offered the Healthy Start Prenatal Risk Screen by their prenatal care provider;

5,663 consented and completed the screen

9,280 infants received the Healthy Start Postnatal Risk Screen; **4,982** met the referral requirements

14,747 families were provided **37,658** *Connect* services

4,344 families were provided a total of **113,963** *Healthy Start* services

635 Nurse Assessments were done for families through our *Newborn Home Visiting* program in Alachua County

318 families were provided a total of **4,516** services through our *Parents as Teachers* program

87 families received **985** home visits through our *Nurse-Family Partnership* program

1,149 outreach efforts provided to prenatal care providers, birthing centers, pediatricians, community agencies and families



COALITION AREA



HEALTHY START FUNDING

Department
of Health
\$2,329,540

Agency for Health
Care Administration
\$3,188,602

Leveraged
Funds
\$2,396,149

HEALTHY START OF NORTH CENTRAL FLORIDA is one of 32 Healthy Start Coalitions in the state. The Coalition serves 12 counties: Alachua, Bradford, Columbia, Dixie, Gilchrist, Hamilton, Lafayette, Levy, Marion, Putnam, Suwannee and Union, most of which are rural with low population density. Income levels within the Coalition are slightly lower than the state and poverty rates are higher. Only two of the 12 counties have attendant medical and birthing center facilities, requiring many moms and babies to travel long distances for delivery. Despite these regional hardships, Healthy Start of North Central Florida uses its funding strategically to reach a large percentage of the communities we serve—and specifically, families with pregnant women, infants and children up to age three who are most at-risk for poor birth outcomes and need help with healthy child development.

SERVICES include the following:

Home Visiting: One-on-one support in the home or another convenient location; friendly advisors throughout pregnancy and after the baby is born; access to services that are designed to meet unique needs.

Prenatal Education & Support: Information on changes that happen to a woman's body and emotions during pregnancy; what to expect during labor and delivery; nutrition, medicine and exercise that can help or harm a pregnant woman or baby; warning signs of an early delivery.

Breastfeeding Education & Support: Techniques for successful and enjoyable breastfeeding; answers to any questions or concerns about breastfeeding; information on how breastfeeding benefits mom and baby.

Newborn Care: Tips on how to take care of a new baby, keeping baby safe according to the latest safety guidelines on sleep, car seats and more; infant nutrition; proper growth.

Parenting Education & Support: Preparation for baby coming home; tracking and supporting baby's development; ways to play and connect with baby; how to become baby's first teacher.

Health & Well-Being: Help with planning for future pregnancies; making healthy lifestyle choices for the family; getting support for feeling anxious, stressed or having the "Baby Blues."

Healthy Start of North Central Florida Coalition

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FOCUS AREAS FOR MAKING AN IMPACT ON THE COMMUNITIES AND PEOPLE WE SERVE

FETAL AND INFANT MORTALITY REVIEW (FIMR)

FIMR Fetal & Infant Mortality Review

In the first 6 months

- 1 FIMR Coordinator hired
- 2 Nurse Abstractors hired
- 1 Case Review Teams were formed
- 1 Community Action Groups were formed

By June 30, 2023 30 cases were reviewed

FINDINGS FROM FIMR CASE REVIEW TEAM

- In **34%** of the cases reviewed, mom stated it was an **unintended pregnancy**.
- In **37%** of the cases, **birth control** was not being used.
- In **17%** of the cases reviewed, **pre-existing hypertension** was present and in **11%** of those cases the pre-existing hypertension was determined to be a contributing factor in the fetal/infant demise.
- In **23%** of the cases reviewed, mom had a **BMI greater or less than the normal range** and of those cases, **14%** were determined to be a contributing factor in the fetal/infant demise.
- In **37%** of the cases reviewed there was a history of **mental illness**.
- In **40%** of the cases reviewed mom experienced **depression/mental illness** during pregnancy.
- In **55%** of the cases reviewed, the patient was eligible to participate in **home visiting services** but was not doing so at the time of the fetal or infant demise.
- **54%** of the cases reviewed were **Medicaid clients**.



INTERCONCEPTION/BETWEEN PREGNANCY CARE

986 MOTHERS COMPLETED AN INTERCONCEPTION CARE ASSESSMENT

2,256 MOTHERS RECEIVED EDUCATION ON THE FAMILY PLANNING WAIVER

PERINATAL MENTAL HEALTH

2,369 New mothers screened for depression

CHILD DEVELOPMENT

1,576 Infants and children screened for developmental delays

T.E.A.M. DAD

T.E.A.M. DAD Fatherhood Initiative of Florida **Healthy Start** North Central Florida



In the first 6 months

3 Fatherhood Coaches were hired and trained

First client was enrolled in April 2023

By June 30, 2023

23 fathers were referred to the T.E.A.M. Dad program and **15** fathers were enrolled

2,051

TOBACCO SCREENING ASSESSMENT COMPLETED



2,626

INTIMATE PARTNER VIOLENCE SCREENINGS COMPLETED



2,134

SUBSTANCE USE RISK ASSESSMENT COMPLETED



335 (or 8%) OF HEALTHY START FAMILIES DID NOT HAVE A CAR SEAT AND THE HEALTHY START PROGRAM WAS ABLE TO PROVIDE THEM WITH ONE.



260 (or 6%) OF HEALTHY START FAMILIES DID NOT HAVE A SAFE PLACE FOR BABY TO SLEEP AND WERE PROVIDED A PACK 'N PLAY BY HEALTHY START.

