

Connect⁺

Families + Resources

We help find support for you and your family near where you live. Pregnant women, dads, and families with young kids are welcome.



SERVICES

- Home visits
- Guidance for pregnancy and giving birth
- Newborn care tips
- Breastfeeding support
- Learn positive parenting skills
- Counseling
- Help to quit smoking and using drugs
- Tips for healthy eating
- Help to prepare kids for school
- Learn how kids grow and change
- Family planning
- Learn how to keep your baby safe
- Other community resources

CONNECT WITH US!
877-678-WELL
ConnectNCF.org



Connect is a program of Healthy Start of North Central Florida and Central Healthy Start coalitions. Sponsored by the State of Florida, Department of Health, HEALTHY START MOMCARE NETWORK, INC., and State of Florida, Agency for Health Care Administration.