

KNOWS WHAT
TO EXPECT
DURING
PREGNANCY

HAS RESOURCES
FOR 2-YEAR-OLD
DAUGHTER AND
BABY-TO-BE

QUIT
SMOKING
DURING
PREGNANCY

BEGAN
PRENATAL
CARE IN FIRST
TRIMESTER

PRACTICES
BETTER
PARENTING

BREASTFEEDS
BABY



PEOPLE SERVED BY OUR HEALTHY START PROGRAMS

Connect 15,785 families | 39,743 services
Healthy Start 5,044 families | 156,180 services
Parents as Teachers 278 families | 2,697 services
Nurse-Family Partnership 77 families | 828 home visits
NewboRN Home Visiting 709 Nurse Assessments were done for families through this Alachua County program
T.E.A.M. Dad 27 fathers served | 3 graduations

↑ Increase of 700 Healthy Start Participants from 2022-23

↑ Increase of 42,217 Healthy Start Services from 2022-23



Community Education & Outreach 478 outreach efforts provided to prenatal care providers, birthing centers, pediatricians, community agencies and families. Activities included: doula care, car seat safety inspections, safe sleep supplies and education, health and safety screenings.

COALITION AREA



HEALTHY START FUNDING



HEALTHY START OF NORTH CENTRAL FLORIDA is one of 32 Healthy Start Coalitions in the state. The Coalition serves 12 counties: Alachua, Bradford, Columbia, Dixie, Gilchrist, Hamilton, Lafayette, Levy, Marion, Putnam, Suwannee and Union, most of which are rural with low population density. Income levels within the Coalition are slightly lower than the state and poverty rates are higher. Only two of the 12 counties have attendant medical and birthing center facilities, requiring many moms and babies to travel long distances for delivery. Despite these regional hardships, Healthy Start of North Central Florida uses its funding strategically to reach a large percentage of the communities we serve—and specifically, families with pregnant women, infants and children up to age three who are most at-risk for poor birth outcomes and need help with healthy child development.

SERVICES include the following:

Home Visiting: One-on-one support in the home or another convenient location; friendly advisors throughout pregnancy and after the baby is born; access to services that are designed to meet unique needs.

Prenatal Education & Support: Information on changes that happen to a woman's body and emotions during pregnancy; what to expect during labor and delivery; nutrition, medicine and exercise that can help or harm a pregnant woman or baby; warning signs of an early delivery.

Breastfeeding Education & Support: Techniques for successful and enjoyable breastfeeding; answers to any questions or concerns about breastfeeding; information on how breastfeeding benefits mom and baby.

Newborn Care: Tips on how to take care of a new baby, keeping baby safe according to the latest safety guidelines on sleep, car seats and more; infant nutrition; proper growth.

Parenting Education & Support: Preparation for baby coming home; tracking and supporting baby's development; ways to play and connect with baby; how to become baby's first teacher.

Health & Well-Being: Help with planning for future pregnancies; making healthy lifestyle choices for the family; getting support for feeling anxious, stressed or having the "Baby Blues."

OUTREACH FOR IMPACT



623
CAR SEAT INSPECTIONS
& INSTALLATIONS

2,693
NEWS MOMS SCREENED
FOR DEPRESSION

MILK BANK DEPOT

44
COMMUNITY DOULAS
CERTIFIED

2,352
SUBSTANCE USE RISK
ASSESSMENTS COMPLETED

* HOME VISITORS RECEIVED
484 NARCAN KITS

AHA KITS
AMERICAN HEART
ASSOCIATION
PARTNERED TO PROVIDE
BLOOD PRESSURE
MONITORING KITS

248
PACK-N-PLAYS
FOR SAFE SLEEP

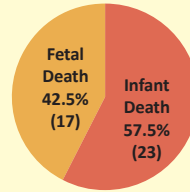
1,728
INFANTS & CHILDREN
SCREENED FOR
DEVELOPMENTAL DELAYS

1,262 OR 99%
POSTPARTUM WOMEN
RECEIVED INFORMATION
ON THE FAMILY
PLANNING WAIVER

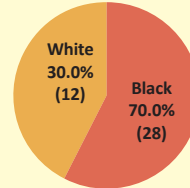
3,006
INTIMATE
PARTNER
VIOLENCE
SCREENINGS

FETAL AND INFANT MORTALITY REVIEW (FIMR)

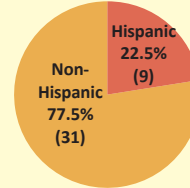
HEALTHY START OF NORTH CENTRAL
FLORIDA CASES REVIEWED
JULY 2023-JUNE 2024



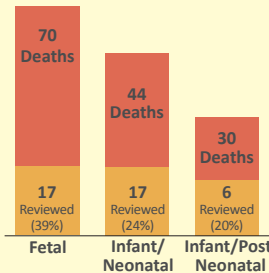
RACE OF CASES REVIEWED



ETHNICITY OF CASES REVIEWED

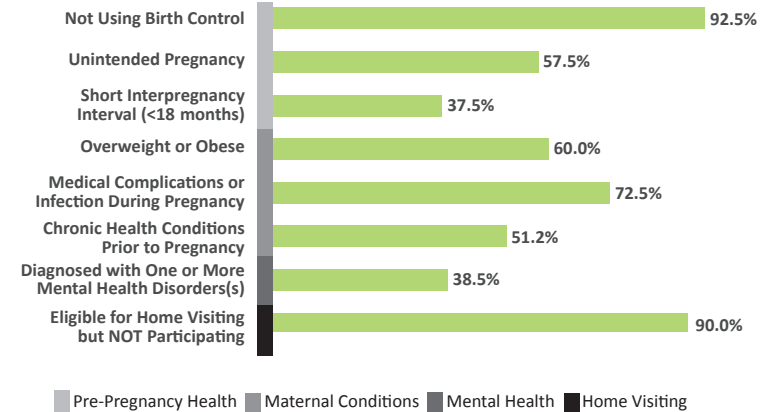


TIME PERIOD DEATHS
OCCURRED IN CASES REVIEWED

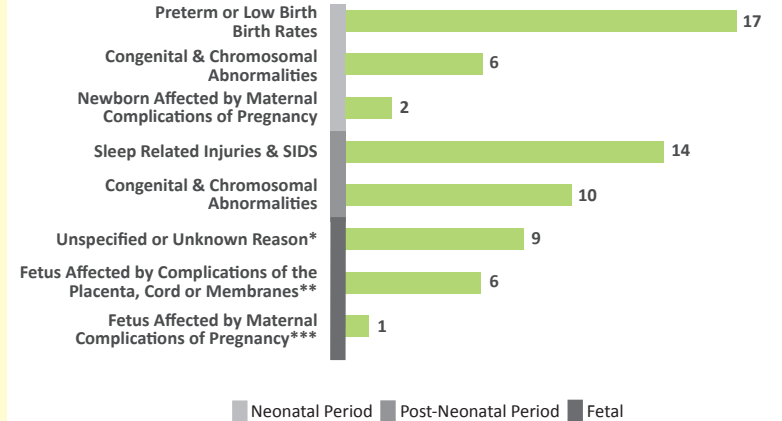


Neonatal: Within first 28 days of life
Post-Neonatal: Between 28 and 364 days of life

DATA TRENDS IN CASES REVIEWED BY FIMR



REGIONAL PRIMARY CAUSES OF DEATH



* Premature rupture of membranes, pregnancy related issues ** Placental abnormality, prolapsed cord, choriomeningitis, abruption
*** Cervical insufficiency, premature rupture of membranes, multiple pregnancy



HEALTHY START OUTCOMES

65% of Healthy Start intervention participants quit or reduced tobacco use

Healthy Start intervention participants had fewer preterm births (8%) compared to those that accepted Healthy Start services (14%). The general population had a preterm birth rate of 11%.