

Become a donor!

Your Breast Milk Can Save Lives



MILK BANK DEPOT IN GAINESVILLE, FL

Why donate?

- Newborns who are premature and/or sick and cannot get milk from their mothers often need breast milk to survive and thrive.
- Human milk helps a baby's immune system, provides ideal nutrition for growth and development, and can help repair a pre-term baby's intestines should they become infected.
- Your breast milk will go to the babies who are most at need in hospital neonatal intensive care units—babies who are seriously ill or pre-term. Donor milk is dispensed by prescription only.

1 OUNCE
of breast milk
provides up to
3 FEEDINGS
for pre-term babies

Who can donate?

You may be eligible to donate if you are:

- A recent mother and have excess milk.
- A bereaved mother who wishes to donate her breast milk.
- In good general health.
- Free from smoking, illegal drug use and regular alcohol use.



MILK GUIDELINES

Milk must not be frozen for longer than eight months. No warming, scalding, boiling or thawing of breast milk.

Here's how:

First Register

Then Schedule a drop-off
CALL OR TEXT 352-647-6275

Deliver your breast milk to the local milk bank



HEALTHY START / WELLFLORIDA
1785 NW 80TH BLVD., GAINESVILLE
EVERYBABYDESERVESAHEALTHYSTART.ORG

Register in 4 easy steps

1



Call Mothers' Milk Bank of Florida for a short phone interview:
407-248-5050

2



Complete a secure online health questionnaire.

3



Give consent to Mothers' Milk Bank of Florida to contact healthcare providers.

4



Complete a free blood screening.

THANK YOU!